DENTON UROLOGY

2401 West Oak Street Ste. 102 Denton, TX 76201 940-387-2241

VASECTOMY PRE-OP INSTRUCTIONS

Anesthesia Information:

A <u>local</u> anesthetic will be used during surgery; therefore the surgical area will be numb for 60-90 minutes after the procedure.

Day of Procedure:

Shave the scrotum and pubic hair that lies just above the scrotum. (It is recommended to shave in the shower to avoid skin irritation.)

Eat breakfast or lunch before appointment.

Wear comfortable, loose fitting pants or shorts.

Underwear worn after procedure should be briefs, NOT boxers. (This is for the support of the scrotum)

Note**Have an ice pack ready to use at home and plan to be off work to recover for 48 hours after surgery.